



LET'S GET IT SORTED

## GP REFERRAL CHEAT CARD

for

MENTAL HEALTH TREATMENT PLANS

PLUS QLD WORK COVER & DVA

### Who We Support?

We work with adults aged 18 and over who are seeking support for:

- Mental health issues (e.g., anxiety, depression, mood disorders)
- Trauma recovery, grief & loss
- Addiction & burnout (e.g., carer, workplace, personal)
- Relationships & family dynamics
- Boundaries & expectations
- Adjustment to illness, caring roles & life transitions

### How To Refer?

- Complete a Mental Health Treatment Plan (MHTP)
- Accredited Mental Health Social Worker (AMHSW) Jayne Jones  
*(Medicare Provider No: 6259132Y)*
- Referrals accepted via Medical Objects

### Medicare rebates available under Better Access

Face-to-face | Telehealth | Evening appointments available | Additional costs for Home visits

*\*Patients, please book a long GP appointment for Mental Health Treatment Plans\**

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Jayne Jones – Accredited Mental Health Social Worker (AMHSW)

📍 Varsity Lakes Community Resource Centre

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## Why Refer to an Accredited Mental Health Social Worker?

**Timely Access** – shorter waitlists than most psychologists

**Medicare rebates** – similar to clinical & general psychologists

**Focused Psychological Strategies (FPS)** – same as psychologists

**Whole-person care** – addressing both mental health and social stressors

**Continuity of care** – regular updates to GPs (with consent)

**Expanded patient choice** – an alternative pathway to psychologists, with Medicare-recognised, evidence-based therapy

## What to Say to Patients?

*"I am referring you to an Accredited Mental Health Social Worker.*

*They provide the same Medicare-approved therapies as psychologists, rebates apply, and you will usually be seen sooner."*

*"Your patients get timely, effective, Medicare-rebated care that supports lasting recovery."*

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